



APPROVED

Town of Newbury Council on Aging
Meeting Minutes
Date: February 27, 2023

Members in attendance: Bill DiMaio, Chuck Bear, Joyce Machiros, John Ferrara, Chris Howe, Susan Grillo

Other attendees: Cindy Currier

Motion to open the meeting made by Chuck Bear, seconded by Susan Grillo. Unanimously passed.

Public Comment: None

Motion to approve Minutes of January 23, 2022 meeting. Motion to approve made by Chuck Bear, seconded by Joyce Machiros. Minutes approved.

Chair Report: Bill DiMaio

Not able to provide an update on the discussion with the Friends of the Newbury COA, but was not able to connect with them. Still awaiting availability to schedule next meeting with them.

Board member homework assignment: 3 ideas to increase the participation of in the COA events. Recruitment is going to be critical for us as the original lease at Kent way is for approximately 4 years. Any chance of a larger space or renewal depends on increased participation. The more participation we have, the better we are for lobbying for more space.

Game night tomorrow, Mar 1. Inclement weather expected, so may impact attendance.

Director's Report:

- Apr/May newsletter currently being worked on.
- Traveling Chef night last month was canceled. Next is scheduled for Wed, Mar 1
- Next game night is scheduled for March 23
- Blood pressure clinic
- Coffee w/a Cop. Next is Wed, Mar 8th Topic: home security
- You be the Judge will be the alternating Wednesdays
- Watercolor class – full. Can call to be placed on waiting list
- Mar 15 – St. Patrick's day lunch is full (50); can call to be placed on waiting list.
- Gordon Center for Balance – next seminar Mar 25
- Delvina Theater
- AARP Tax Date program – 4 volunteers to help people with simple tax preparation, free of charge.
- Additional Van Thursdays are being added for shopping trips to Market Basket, etc.

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- Do need volunteer NEET drivers to help seniors get to medical appointments, etc. Currently 30 drivers
- Bill mentioned he was looking for a machine to help fold calendars into the newsletter. Found one, but it only folds up to 5 pages.

New Business:

No new business. A question by Susan Grillo regarding Amesbury's COA program on Care for the Caregiver and conversation followed. Respite care. Susan also asked about whether COAs are required by each town. Cindy mentioned Amesbury has a social worker who runs that program. John indicated that a meeting may be arranged for an exploratory discussion with Cindy.

John and Cindy actively exploring pickleball. Working on it for spring, summer, fall events. Outdoors.

Executive Session: None

Establish March 20, 2023 at 9:00am for next meeting. Chris made the motion. Seconded by everyone!

Motion to adjourn by Joyce Machiros; seconded by Susan Grillo; approved unanimously.