



Approved 5/16/2022

Town of Newbury Council on Aging
Board of Directors Meeting Minutes
Date: April 25, 2022

In attendance: Joyce Machiros, Bill DiMaio, Susan Grillo, Chris Howe, Cindy Currier

Call to Order:

Bill moved to open the meeting, seconded by Susan, approved by Bill, Susan, Chris and Joyce.

Public Comment:

None

Review and Approval of March 21, 2022 Meeting Minutes:

Bill moved to approve the 3/21/2022 minutes, seconded by Chris, approved by Bill, Susan, Chris and Joyce.

Director's Report:

- Senior Stretch & Strength (Mondays) and Gentle Yoga (Wednesdays). Both classes are well-attended weekly.
- Bingo – three times per month: twice at the COA; once off-site at Quaker Hill. Core group attends; some newcomers have attended at Quaker Hill. Might branch out to another location (need permission from Newbury Village).
- Drawing class has resumed; scheduled for another 4 week session. 6-8 students have committed to that class.
- Craft Afternoon – new program added. Folks can either come and do crafts that we have at the COA or bring their own. Three people attended the first one. Will offer again next month.
- Audubon Society/Joppa Flats presentation on Salt Marshes was two weeks ago. Will be back to present on Birds of Prey on May 17th.
- Watercolor Class – classes resumed in March. Generally 8 people attend monthly. Classes scheduled for May and June; July there will not be a class; will resume in August. Classes are \$20, paid directly to the instructor and he brings all supplies. No painting experience necessary.
- Game Night has been successful. We had 11 people last Tuesday evening. Ordered sandwiches from Pomodori's; also had macaroni and potato salad; chips; soft drinks and desserts. Next game night: 5/24 (Tuesday night 5-7pm).
- Volunteer luncheon Thursday, 4/21. We invited our volunteers who help us do everything from assist with preparing the newsletter for mailing, to those who help with special programs (like our luncheons), to those who provide check-in phone calls and visits, and everything in between. We also gave them a mini Bundt cake as a take-home gift.

Upcoming programs:

- Estate Planning Workshop – Tuesday, 4/26 5-6:30pm. Sponsored by Newburyport Bank. They have contracted with a local attorney, Gilmore & Gilmore, to offer a program discussing important estate planning documents (wills, trusts, POA/HCP, etc.).
- Mother's Day Tea – Thursday, 5/5 at 11:30am at the COA.

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- Veterans Breakfast – Thursday, May 26th at 10am at the COA. Steve Bohn, Veteran Liaison from Congressman Seth Moulton's office will be joining us. Army Veteran; served in the 101st Airborne Division; wounded in Afghanistan in 2002; awarded the Purple Heart.
- Grab and Go Traveling Chef meals: 4/27 (baked ham) and 5/18 (chicken fajitas).
- Van – weekly shopping trips. Adding local restaurants in April and May.
- NEET – Always looking for volunteer drivers.
- Construction update: work is ongoing. Hoping for a move-in date some time in June.
- If people have questions or concerns about the Council on Aging, we encourage you to call us at 978-462-8114 and ask us. Caution not to rely on social media for accurate information.

Other Business:

Joyce mentioned that the annual nomination of officers of the Board will be conducted at the May meeting and the subsequent election will occur in June.

Executive Session:

None

Adjourn:

Next meeting scheduled for 5/16/2022

Bill moved to adjourn, seconded by Susan, approved by, Bill, Susan, Chris and Joyce

Meeting Adjourned