



APPROVED 3/21/2022

Town of Newbury Council on Aging
Board of Directors Meeting Minutes
Date: February 28, 2022

In attendance: Joyce Machiros, Bill DiMaio, Chuck Bear, Chris Howe, Damon Jespersen, Susan Grillo, Cindy Currier

Call to Order:

Chuck motion to Open seconded by Bill

Review and Approval of January 24, 2022 Meeting Minutes

Motion to approve minutes: Damon; Second: Chuck

Bill, Damon, Chris approved

Joyce, Susan, Chuck abstained

Susan read minutes

Bill moved a second time to approve the minutes; Damon Seconded

Approved: Bill, Damon, Susan, Chris

Abstained: Chuck Joyce

Director's Report:

- Newsletter sent the beginning of February. Every other month cycle.
- Game night on 2/22. 12 seniors attended. Ordered Chinese food; had drinks and dessert as well. Three tables played three different games. Everyone loved it and want to do it twice a month. We are looking into scheduling this.
- Grab and Go meal this month – 30 meals were handed out. Included a box of chocolates as the gift. Also, A-OK students made valentines to go with each meal.
- Yoga and Stretch and Strength classes are both drawing new seniors. Continue to meet weekly.
- “Eating the Rainbow” nutrition program presented by AgeSpan Dietitian. No cost for COA.
- Best of Times Travel Show to discuss upcoming trips. We are looking into other local trips to use our van.
- Bingo is well attended twice a month. We added a game at one of the housing locations in Byfield. Drew a couple more seniors who have not come to the COA. Will continue to offer this once a month.
- Watercolor class was cancelled this month (instructor had an emergency); next class scheduled for March 22nd.
- Had to reschedule our Audubon Society/Joppa Flats program from February to the Spring. Look for info in the next newsletter.

Upcoming programs:

- Drawing Class to resume in April (4/5 & 4/12). Students and Instructor will determine if they would like to set up another series. This group would like to do a trip to a museum; we are looking into that.
- St. Patrick's Day luncheon at PITA Hall on 3/17 at 12pm. Corned beef and cabbage catered meal. A-OK students will be there to serve meals. Live Irish folk music. Van will be operating to pick folks up and bring them home.

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- Game night scheduled for Tuesday, 3/15 from 5-7pm. Lots of games; dinner: Mexican food from Metzy's.
- Shopping offered weekly via the van. Still limited numbers but hoping once the Covid restrictions ease up and numbers decline, folks will resume shopping.
- Also looking at other van trips (local landmarks, restaurants, etc.).
- Working on more evening programs (trying to firm up a program with an attorney about important documents: wills, trusts, HCP & POA).
- Take home activity kits are still very popular. Next newsletter will have offer Spring-related kits (gardening & birds).
- Next newsletter: April/May.

Other Business:

Bill discussed the meeting guidelines will be sending them out so we can discuss at the next meeting
Chuck discussion of COA move. Hopefully the lease will be signed shortly and then construction will be approximately 8 weeks.

Chris questions of where programs will happen after the move. Chuck mentioned the property off of the baseball fields. Chris brought up the Facebook page needs to be created as part of outreach. Cindy has been locked out of the COA FB page, she is working to get access to facilitate quicker updates.

Open Meeting law and conflict of interest forms needs to be completed by members of the board
Next meeting: March 21, 2022

Adjourn:

Damon Motion to adjourn Bill seconded
All in favor