

Newbury Council on Aging

December 2022

Monday	Tuesday	Wednesday	Thursday	Friday
FH -Central Street Field House QH- Quaker Hill Housing COA- Council on Aging *Indicates preregistration is required *			1 10:00am Knitting (COA) 1:00pm Movie Matinee (COA) "The Grinch"	2
5 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	6 9:30am Market Basket * 1:00pm Christmas Card Making * 4:30-6:30pm Game Night * (COA)	7 10:00am Yoga (FH) 12:00 Traveling Chef* (COA)	8 10:00am Knitting (COA) 11:30 am Veteran's Services - Town Hall 1:00pm Movie Matinee (COA) "White Christmas"	9
12 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	13 9:30am Market Basket * 10:00am Watercolors*(COA) 4:00pm Out to see the Lights*	14 10:00am Yoga (FH) 12:00pm Christmas Lunch at Pita Hall*	15 10:00am Knitting (COA)	16
19 10:30am Senior Stretch (FH) 1:00pm Delvina Theatre Presents: A Christmas Carol* (COA)	20 9:30am Market Basket * 1:00 pm Christmas Crafts* (COA)	21 10:00am Yoga (FH) 1:00pm Movie Matinee and Hot Chocolate "It's a Wonderful Life"	22 COA Closed Today	23
26 Merry Christmas COA is closed today	27 9:30am Market Basket*	28 10:00am Yoga (FH)	29	30

Newbury Council on Aging

January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
2 Happy New Year!!!! COA is Closed Today	3 9:30am Market Basket*	4 12:00 pm Traveling Chef * (COA)	5 10:00am Knitting/Crocheting (COA) 1:00pm Movie Matinee (COA)	6
9 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	10 9:30am Market Basket *	11 10:00 am Yoga (FH)	12 10:00am Knitting/Crocheting (COA) 10:00am Volunteer Training (COA)	13
16 Martin Luther King Jr. Day COA is Closed today	17 9:30am Market Basket* 10:00am Watercolors with Bill Duke* (COA)	18 10:00am Yoga (FH)	19 10:00am Knitting/Crocheting (COA)	20
23 10:30am Senior Stretch (FH) 1:00 pm Bingo (COA)	24 9:30am Market Basket * 4:30-6:30pm Game Night * (COA)	25 10:00am Yoga (FH)	26 10:00am Knitting/Crocheting (COA)	27
30 10:30am Senior Stretch (FH) 1:00pm Animal World Experience * (COA)	31 9:30am Market Basket		<ul style="list-style-type: none"> Indicates preregistration is required 	FH-Central St. Field House QH – Quaker Hill COA – Council on Aging

