

12 Kent Way

Newbury Council on Aging

978-462-8114

August 2023

Monday	Tuesday	Wednesday	Thursday	Friday
	1 9:00am Pickleball (FH) Exp. 9:30am Market Basket * 10:30am Drawing*(COA) 1:00pm Mahjong (COA)	2 10:00am Yoga (FH) 10:30am Coffee & Trivia(COA)	3 9:00am Pickleball (FH) Beg. 10:00am Knitting (COA) 1:30pm-3:30pm Rug Braiding*(COA)	4
7 10:30am Senior Stretch (FH) 12:00pm Blood Pressure (COA) 12:00pm Traveling Chef*(COA) 2:00pm Bingo (COA)	8 9:00am Pickleball (FH) Exp 9:30am Market Basket* 10:30am Veteran's Breakfast at Pita Hall* 4:00pm-6:00pm Rug Braiding* (COA)	9 10:00am Yoga (FH)	10 9:00am Pickleball (FH) Beg. 10:00am Knitting (COA) 11:30am Veterans Serv. (TH)	11
14 10:30am Senior Stretch (FH)	15 9:00 Pickleball (FH) 9:30am Market Basket * 10:30am Drawing*(COA) 1:00pm Mahjong (COA)	16 10:00am Yoga (FH) 10:00am Watercolors*(COA) 10:30am Coffee & Crosswords (COA)	17 9:30am Seabrook Commons * 10:00am Knitting (COA) 12-1pm Constituent Services 1:00pm Out for Ice Cream* 1:30pm-3:30 pm Rug Braiding*	18
21 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	22 9:00am Pickleball (FH) 12:00pm 50's Lunch at Pita Hall*	23 10:00am Yoga (FH)	24 9:00am Pickleball (FH) Beg. 9:30am Market Basket* 10:00am Knitting (COA)	25
28 10:30am Senior Stretch (FH)	29 9:00am Pickleball (FH) 9:30am Market Basket * 1:00pm Mahjong (COA) 4:30pm- 6:30pm Game Night* (COA)	30 10:00am Yoga (FH) 10:30am Coffee & UB the Judge (COA) 1:30pm-3:30pm Rug Braiding*	31 9:00am Pickleball (FH) Beg. 10:00am Knitting (COA) 11:00am Out to Lunch*	FH=Central St. Field House COA=Council on Aging TH=Town Hall NEW LOCATION: 12 Kent Way, Byfield 978-462-8114

12 Kent Way

Newbury Council on Aging

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September 2023

Monday	Tuesday	Wednesday	Thursday	Friday
FH=Central St. Field House TH=Town Hall COA=Council on Aging NEW LOCATION: 12 Kent Way, Byfield 978-462-8114				1
4 Labor Day COA is Closed Today	5 9:00am Pickleball (FH) Exp. 9:00am Market Basket* 12:00pm Traveling Chef*(COA) 1:00pm Mahjong (COA) 4:00pm-6:00pm Rug Braiding*	6 10:00am Yoga (FH) 10:30am Coffee & Trivia (COA)	7 9:00am Pickleball (FH) Beg. 9:30am Seabrook Commons * 10:00am Knitting (COA) 1:00pm Ride for Ice Cream*	8
11 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	12 9:00am Pickleball (FH) Exp. 9:30am Market Basket* 10:00am Coffee w/a Cop*COA 1:00pm Mahjong (COA) 4:30-6:30pm Game Night *	13 10:00am Yoga (FH) 10:00am Watercolors*(COA) 2:00pm Tech Class*	14 9:00am Pickleball (FH) Beg. 10:00am Knitting (COA) 11:30am Veteran's Serv. (TH) 1:00pm Cardmaking*(COA) 1:30pm-3:30pm Rug Braiding*	15
18 10:30am Senior Stretch (FH)	19 9:00am Pickleball (FH) Exp. 8:30am Market Basket* 11:00am Out to Lunch* 1:00pm Mahjong (COA) 4:30pm The Clutter Queen*	20 10:00am Yoga (FH) 10:30am Coffee & UB the Judge (COA)	21 9:30am Seabrook Commons* 10:00am Knitting (COA) 12pm Constit. Serv(COA) 1:00pm Ride to Cider Hill * 1:30-3:30pm Rug Braiding*	22 Autumn Begins
25 10:30am Senior Stretch (FH) 12:30pm Bingo Lunch* (COA)	26 9:00am Pickleball (FH) Exp. 9:30am Market Basket * 1:00pm Mahjong (COA)	27 10:00am Yoga (FH)	28 9:00am Pickleball (FH) Beg. 10:00am Knitting (COA) 1:30pm-3:30pm Rug Braiding* (COA)	29

