

12 Kent Way, Byfield

Newbury Council on Aging

978-462-8114

April 2024

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:30am Senior Stretch (FT) 12:00pm Blood Press. (COA) 1:00pm Bingo (COA)	2 9:00am Market Basket* 1:00pm Mahjong (COA)	3 9:00am Seabrook Commons* 10:00am Yoga (FH) 1:30pm Tech Services with Kevin*(COA)	4 10:00am Knitting (COA) 12:00 Traveling Chef *(COA)	5
8 9:30am Constituent Services for Kristin Kassner (COA) 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	9 9:00am Market Basket * 1:00pm Mahjong (COA) 4:30-6:30pm Game Night*COA	10 10:00am Yoga (FH) 11:00am Out to Lunch at Michael's Harborside* 3:00pm Oasis Meets @COA*	11 9:00am Seabrook Commons* 10:00am Knitting (COA) 11:30 am Veteran's Services - Town Hall	12
15 Patriot's Day COA is Closed	16 9:00am Market Basket * 10:00am Watercolors w/Bill* 1:00pm Mahjong (COA) 4:00pm Rug Braiding*(COA)	17 10:00am Yoga (FH)	18 9:00am Seabrook Commons* 10:00am Knitting (COA) 1:00pm Stamping*(COA) 12:15-1:15pm Constituent Services for Sen. Tarr (COA)	19
22 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	23 9:00am Market Basket * 1:00pm Mahjong (COA) 4:00pm Rug Braiding*(COA)	24 9:30am Medi-Pedi* (COA) 10:00am Yoga (FH) 10:00am Poetry Workshop* (COA)	25 9:00am Seabrook Commons* 10:00am Knitting (COA) 1:00pm Salty Shell Art Class*(COA)	26
29 10:30am Senior Stretch (FH) 12:30pm Bingo Lunch*(COA)	30 9:30am Market Basket* 10:30am Breakfast with the Chiefs *(COA) 1:00pm Mahjong (COA) 4:00pm Rug Braiding*(COA)		PING PONG 10:00-12:00pm Every Tuesday and Thursday (FH)	FH- Central St. Field House COA- Council on Aging TH- Town Hall * Indicates preregistration is required

12 Kent Way, Byfield

Newbury Council on Aging

978-462-8114

May 2024

Monday	Tuesday	Wednesday	Thursday	Friday
FH- Central St. Field House COA- Council on Aging TH - Town Hall * Indicates preregistration is requires	PING PONG 10:00-12:00pm Every Tuesday and Thursday (FH)	1 9:00am Seabrook Comm* 10:00am Yoga (FH) 10:00am Poetry*(COA) 1:30pm Tech Class*(COA) 1:30pm Watercolors w/Peggy*(COA)	2 10:00am Knitting/Crocheting (COA) 12:00pm Traveling Chef* (COA)	3
6 10:30am Senior Stretch (FH) 11:00am Candidate Forum(TH) 12:00pm Blood Pressure* 1:00pm Bingo (COA)	7 9:00am Market Basket * 10:00am Coffee with a Cop* at the Police Station 1:00pm Mahjong (COA) 4:00pm Rug Braiding*(COA)	8 10:00 am Yoga (FH) 10:00am Poetry *(COA) 11:00am Lunch @Hampton* 1:30pm Watercolors w/Peggy* 3:00pm Oasis*(COA)	9 9:00am Seabrook Commons* 10:00am Knitting/Crocheting (COA) 11:30am Veterans Serv. (TH) 12:00pm Mother's Day Tea* (COA)	10
13 9:30am Constituent Services for Kristin Kassner (COA) 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	14 9:00am Market Basket* 10:00am Watercolors w/Bill* 1:00pm Mahjong (COA) 4:00pm Rug Braiding*(COA)	15 10:00am Yoga (FH) 10:00am Basic CPR and First Aid with Curtis*(COA) 10:00am Poetry*(COA) 1:30pm Watercolors w/Peggy*	16 9:00am Seabrook Commons* 10:00am Knitting/Crocheting (COA)	17
20 10:30am Senior Stretch (FH) 12:30pm Bingo Lunch*(COA)	21 9:00am Market Basket * 1:00pm Mahjong (COA) 4:30-6:30pm Game Night * (COA)	22 10:00am Yoga (FH) 10:00am Veterans Breakfast* at Pita Hall 1:30pm Watercolor w/Peggy*	23 9:00am Seabrook Commons* 10:00am Knitting (COA) 12:15pm Constituent Services for Sen Tarr (COA)	24
27 Memorial Day COA is Closed	28 9:00am Market Basket* 1:00pm Mahjong (COA) 4:00pm Rug Braiding*(COA)	29 9:30am Medi-Pedi* (COA) 10:00am Yoga (FH) 11:00am Van Trip to the Brook*	30 9:00am Seabrook Commons* 10:00am Knitting (COA)	31

