

978-462-8114

Newbury Council on Aging

12 Kent Way

April 2023

Monday	Tuesday	Wednesday	Thursday	Friday
3 10:30am Senior Stretch (FH) 11:00am Drawing w/Jan (COA) 12:00pm Blood Pressure (COA) 1:00pm Bingo (COA)	4 9:30am Market Basket 1:00pm Mahjong* (COA)	5 10:00am Yoga (FH) 10:00am Coffee & Crosswords	6 10:00am Knitting (COA) 1:00pm Card Making* (COA)	7
10 10:30am Senior Stretch (FH) 11:00am Drawing w/Jan (COA) 1:00pm Bingo (COA)	11 9:30am Market Basket * 10-11:30am Creative Writing* 10:00am Watercolors*(COA) 1:00pm Mahjong* (COA) 4:30-6:30pm Game Night*	12 10:00am Yoga (FH) 10:00am Coffee & Tour at Newbury Police Station* 12:30-1:30p "Tulips of the Magnificent Keukenhof *(COA)	13 10:00am Knitting (COA) 11:00am Meet & Greet with Town Admin. Tracy Blais (COA)	14
17 Patriot's Day COA is Closed	18 9:30am Market Basket* 10-11:30am Creative Writing* 1:00pm Mahjong*(COA) 4:30-6:30pm Rug Braiding*	19 10:00am Yoga (FH) 10:00am Coffee & U B the Judge	20	21
24 10:30am Senior Stretch (FH) 11:00am CPR/AED *	25 9:30am Market Basket * 10-11:30am Creative Writing* 1:00pm Mahjong* (COA) 4:30-6:30pm Rug Braiding Class* (COA)	26 10:00am Yoga (FH) 10:00am Coffee & Trivia (COA)	27 10:00am Knitting (COA) 12:00pm Traveling Chef* (COA)	28
				FH-Central Street Field House QH-Quaker Hill COA- Council on Aging 12 Kent Way, Byfield *indicates preregistration is required

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May 2023

Monday	Tuesday	Wednesday	Thursday	Friday
1 10:30am Senior Stretch (FH) 11:00am Candidate Forum (TH) 12:00pm Blood Pres* (COA) 1:00pm Bingo (COA)	2 9:00-11am Pickle Ball* (FH) 9:30am Market Basket* 1:00pm Mahjong* (COA)	3 10:00am Yoga (FH) 10:00am Coffee & Crosswords (COA) 1:00pm Movie Matinee (COA) <i>My Fair Lady</i>	4 9:00-11:00am Pickle Ball* (FH) 10:00am Knitting (COA) 1:00pm Card Making* (COA)	5
8 10:30am Senior Stretch (FH) 1:00pm Bingo (COA)	9 9:00-11:00am Pickle Ball* (FH) 9:30am Market Basket* 1:00pm Mahjong* (COA) 4:30-6:30pm Rug Braiding*	10 10:00 am Yoga (FH) 10:00am Coffee with a Cop* (COA)	11 9:00-11:00am Pickle Ball* (FH) 12:00pm Mother's Day Tea* With Music by Sergei Novikov (COA)	12
15 10:30am Senior Stretch (FH) 12:00pm Traveling Chef*	16 9:00-11:00am Pickle Ball* (FH) 9:30am Market Basket* (COA) 1:00pm Mahjong* (COA) 4:30-6:30pm Rug Braiding*	17 10:00am Yoga (FH) 10:00am Coffee & Current Events	18 9:00-11:00am Pickle Ball* (FH) 10:00am Knitting (COA) 10:00am The Great Pyramids by Camel* (COA) 12:00pm Constituent Services	19
22 10:30am Senior Stretch (FH) 1:00 pm Bingo (COA)	21 9:00-11:00am Pickle Ball* (FH) 9:30am Market Basket 10:00am Watercolors* (COA) 1:00pm Mahjong* (COA) 4:30-6:30pm Game Night*	24 10:00am Yoga (FH) 10:00am U B the Judge and Coffee (COA)	25 9:00-11:00am Pickle Ball* (FH) 10:00am Knitting (COA) 12:00pm Veteran Lunch* (COA)	26
29 Memorial Day COA is Closed	30 9:30am Market Basket* 1:00pm Mahjong* (COA)	31 10:00am Yoga (FH) 10:00am Coffee & Trivia (COA)		FH-Central St Field House QH-Quaker Hill COA- Council on Aging 12 Kent Way, Byfield *Indicates preregistration is required

