



APPROVED 7/18/2022

Town of Newbury Council on Aging
Meeting Minutes
Date: June 27, 2022

Members in attendance: Joyce Machiros, Bill DiMaio, Susan Grillo, Chris Howe, Chuck Bear, Damon Jespersen

Also in attendance: Cindy Currier

Call to Order:

Meeting called to order. Motion by Damon; seconded by Bill

Public Comment:

None – Public Comment statement not read due to no members of the public being present.

Review and Approval of May 16, 2022 Meeting Minutes

Motion by Chuck; seconded by Susan; voted unanimously

Review and Approval of June 13, 2022 Joint Friends of the COA and COA Meeting Minutes:

Motion by Bill; seconded by Susan. Approved by: Joyce, Bill, Susan, Chris. Abstained: Chuck, Damon

Election of officers for Fiscal Year 2023

Election process reviewed and ballot was taken

Review of research by Vice Chair on approval of meeting minutes vote to be taken if needed

Discussion of shifting from a super majority to simple majority occurred; action will be taken at a later meeting

Election results by the Election Coordinator

Chair: Bill DiMaio

Vice Chair: Joyce Machiros

Secretary: Chris Howe

Council on Aging Director's Report

Recap of past events:

- Game Nights are continuing to be successful. Dinner and dessert plus board and card games: Gin Rummy, Scrabble, Bananagrams, Jenga, Cribbage, Sorry, Trivial Pursuit, Uno, Yahtzee, and Trouble. We are open to getting more games if there is something we don't have that folks would like to play.
- Grab & Go Traveling Chef meals are still a big hit. We ordered 40 meals for June (up from 35 for May) and are increasing to 45 for July. As of October, the meals will no longer be packaged and set up as Grab and Go; they will be an in-house luncheon catered by the Traveling Chef caterer. Grab and Go option was created due to Covid; they are returning to the original format of serving meals in person.

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- Veteran's Breakfast was held the Thursday before Memorial Day. We had 23 people attend. Most were veterans; a few spouses attended as well. Ordered breakfast (French toast, scrambled eggs, bacon and sausage) from Angie's in Newburyport and had pastries from Nancy's Marshview Café. Also ordered patriotic cupcakes from Buttermilk Bakery as a take-home gift. Karen Tyler, Veterans Service Officer, and Steve Bohn, Veterans Liaison from Congressman Seth Moulton's office, were there and spoke. Every veteran there thanked us for hosting. We assured them we will be offering more programs for our vets.
- Trip to Hellcat Trail on Plum Island – 7 people joined Kathy and I for lunch at Father Sears Park. Five went to the trail; three stayed for the full hike.
- Delvena Theatre presented "Louisa's Girls" – a one-woman show based on Louise May Alcott's *Little Women*. 23 people attended the program. They were all anxious for us to book another program. We talked about a Julie Child program or a murder mystery show that would be interactive with the audience. Kathy will be in touch with Fran from Delvena to schedule something in the Fall.
- Watercolor Class this month had 9 students (capped at 10). No class in July; will resume in August. Bill Duke to call us with dates for the next two classes. See the next newsletter or call us to confirm.
- Bingo is twice a month at the COA; once a month at Quaker Hill. Well-attended. Kathy to reach out to Newbury Village management to see if we can offer a meet-and-greet program to talk with residents about what they would like us to offer for a monthly program on-site at that location.
- Ice cream social had a handful of participants (?9). We will look into an ice cream truck once we move to Kent Way.
- Drawing Class with Jan Ledoux is continuing. Class is limited to 6 participants; currently 5 people are enrolled.
- Yoga and Stretch & Strength classes are well attended weekly.
- Van trips – every Tuesday for grocery shopping. Thursdays rotate between shopping and local restaurant trips (upcoming: Michael's Harborside and Hodgies in Amesbury). Looking into other recreational/educational trips. Also, adding additional stops on Tuesdays (recently stopped at AJH prior to MB). Willing to offer the van for local errands (bank, CVS, etc.) and doctor's appointments. Budget for van hours will be increased to 24 hours per week in FY23.
- Newbury Town Day – had about two dozen people come to see our new space that day. Many were new faces. Folks we already know are excited for the move. Janet had two people interested in volunteering. Another senior mentioned teaching a computer class; even one-on-one to walk someone through how to navigate things online.

Upcoming programs:

- Simple Supper – limited to 6 participants; currently have 2 signed up. The purpose is to have a group come together one night in July with each person bringing a meal that can be divided 6 ways. Each person will go home with 6 meals. You have now cooked one meal but have 6 different meals for 6 dinners! We will also be serving dinner that night,

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so one less meal to worry about. The COA will provide take-home containers for the participants. Call us to register!

- We are working on updating our Volunteer Program: Volunteer Manual and training for new volunteers. Want to ensure people understand the role of the volunteer, expectations, their rights and responsibilities, etc. Once the manual is completed and Janet has her presentation set, we will require all volunteers to come in and participate in a training and then do so ongoing with any new volunteers.
- Next newsletter will go out end of July/early August.

12 Kent Way

- Procurement process is completed. Lowest bid was accepted; purchase order was sent. Waiting for delivery date. Once we have that date, I will work with IT Director Matt Cooper to have our phone and internet access moved to Kent Way so we can move in. Foldable mobile tables will not be delivered for several weeks; we will use the tables from Hanover Street for now.
- We are planning on Open Houses in the afternoon and evening once we are settled in. Info will be in the newsletter.

Other Business:

- Timesheet and Bill Schedule signing authority was granted to the Chair and Vice Chair
- Discussion of cleaning up the bylaw and verbiage around the creation Council on Aging and how that can and should happen. To be discussed with a formal proposal at a later meeting.
- Next meeting set July 18, 2022 at 9am

Executive Session:

None

Adjourn:

Motion by Damon; seconded by Chuck; unanimous approval

Meeting Adjourned