



Approved

Town of Newbury Council on Aging
Meeting Minutes
Date: May 16, 2022

In attendance: Joyce Machiros, Bill DiMaio, Chris Howe, Chuck Bear, Susan Grillo, Cindy Currier

Call to Order:

Meeting called to order.

Public Comment:

None

Review and Approval of April 7, 2022 Meeting Minutes:

Bill moved to approve the 4/7/2022 minutes, seconded by Chris; unanimous vote approval.

Review and Approval of April 25, 2022 Meeting Minutes:

Bill moved to approve the 4/25/2022 minutes; seconded by Chris; approved by Bill, Joyce, Damon, and Chris – Chuck abstained.

Assignment of Cindy Currier as Election Coordinator

Bill moved to approve; seconded by Chris. Unanimous approval. Nomination forms distributed; filled out and collected by Cindy who will create ballot.

Director's Report:

Recap of past events:

- Trust & Estate Planning Workshop – had about 20 people sign up; 5 did not attend. Positive feedback from attendees.
- Volunteer Luncheon at Starboard Galley. A lot of great feedback. Our volunteers appreciated the acknowledgement and had a great time. Only about half of the volunteers who help us could make it. Some cited Covid as a reason to not gather. Others had conflicts and could not make it. I am mentioning everyone in the next newsletter.
- Mother's Day Tea – had about 20 people sign up; 16 attended. Loved it. Many thanks again to Kate Benashski who covered the catering costs for this event in memory of her mom, Louise Benashski.
- Watercolor class is well attended each month. There will be no class in July (Bill Duke is unavailable), but class will resume in August.
- Exercise classes are well attended each week. Yoga class is starting to outgrow the location at the Field House at the Central Street Playing Fields. Will look at moving outside for the Summer, but will also offer our new location at 12 Kent Way if that is a better fit.
- Programs through Mass Audubon Joppa Flats are not well-attended. Will likely take a break from offering these for a while. We booked several presentations at one time to qualify for a discounted price.

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- Game Night is very successful. Some participants are asking to increase to twice a month. We will look at scheduling this soon.
- Bingo is also well attended; we are bringing pizza and prizes when we visit Quaker Hill once a month to play. Drawing more folks when we are out in the community.
- Grab and Go meals are successful. We order 40 meals each month. Not sure how much longer this will continue, but it is a popular program that we offer through a collaboration with AgeSpan.

Upcoming programs:

- Grab and Go this week.
- Veterans' Breakfast on Thursday, 5/26 at 10am at the COA. Vets and spouses are welcome. Veterans Service Officer Karen Tyler has secured Steve Bohn, Veterans Liaison for Seth Moulton's office as a special guest at the event.
- Delvena Theatre presents "Louisa's Girls" – a one-woman show that is an adaptation of *Little Women*. Thursday, June 16th at 1pm. Hoping to have this at 12 Kent Way, but may need to adjust the location (depending on our move-in date and furniture delivery). People can RSVP to let us know they will be coming. We will have refreshments available for the show.
- A senior approached us about sharing her hobby of stamping/making greeting cards. We are offering a one-time program on Monday, June 27th at 1pm to make homemade greeting cards using Donna's stamps and other embellishments. All supplies will be provided. Limited to 6 participants; please RSVP.
- Several van trips are planned for the next two months to local restaurants in addition to shopping options. All dates and locations are listed in the next newsletter.
- Friends of the Newbury Council on Aging Annual Meeting is Tuesday, June 28th at 7pm via Zoom. To get the link, email info@friendsofthenewburycoa.org
- Another new program! A senior approached us about this idea: Simple Suppers. Limited to 6 participants. Prepare a meal for 6 people; bring your meal to the COA on Tuesday, July 19th at 5pm. Dinner will be served courtesy of the COA that night. Go home with 6 meals (including one of your own). Take out containers will be provided. We ask for people to call to reserve their spot and tell us their recipe so there will not be duplicates. Also, bring your recipe that night so we can share with participants. Hoping this will be successful so we can offer it again. Couples are welcome to participate; each person brings a different meal to share.
- Outreach – we have a monthly meeting with the Police Department, Fire Department, and Board of Health to collaborate on specific cases of seniors in Newbury. There are currently about 8 cases that Janet is working on in collaboration with this team. That is in addition to new intakes she receives weekly and all the other calls she fields to assist folks with resources.
- No move-in date yet. Hoping by June. Going through the procurement process now for furniture. This is a detailed process, so I this is taking my attention at the moment.
- Once we move in and have furniture delivered, will be planning Open Houses (one in the daytime and one in the evening). Will keep you posted.

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- Susan mentioned May is Older Americans Month. Kathy requested we purchase a calendar that details the monthly and daily holidays and important events so we can plan programs accordingly and mention these things in the newsletter.

Discussion of joint meeting with Friends of the Newbury Council on Aging, date and time was not determined.

Other Business:

Damon asked about voting requirement for approval of minutes. Bill agreed to research, Joyce to add to June agenda.

Executive Session:

None

Adjourn:

Next meeting scheduled for Monday, 6/27/2022.

Bill motioned to adjourn; Chris seconded. Unanimous approval.

Meeting Adjourned