



Approved

Town of Newbury Council on Aging  
Board of Directors Meeting Minutes  
Date: November 15, 2021

In attendance Joyce Machiros, Bill DiMaio, Chuck Bear, Susan Grillo, Chris Howe (remote attendance), Cindy Currier.

Bill moved to open, seconded by Susan, approved by Chuck, Bill, Susan, Chris and Joyce

Public comment was curtailed – no attendees.

Joyce announced that the Select Board approved the appointment of Chris Howe and that Chris fills the vacancy caused by the passing of Gerri Dorr. There are 6 members of the Board and the required forum to conduct a meeting is 4

Joyce commented that remote participation at Board meetings is possible per Open Meeting Law 940 CMR 29.10 – Remote Participation which was authorized by the Select Board on 2/14/2017.

Chuck moved to approve the minutes of the October 18, 2021 meeting, seconded by Susan, approved by Chuck, Bill, Susan, Joyce, Chris recused – was not on the BOD at that time.

### **Director's Report – Cindy**

Expenditure report was passed out, will be emailed to Chris and Damon.

#### **Donations:**

Friends of the Newbury Council on Aging - \$12k (specifically for programs, promotional items, etc. NO wages or office supplies, etc.).

Chocolate Tour - \$2k (prescription and transportation assistance)

Others - \$33 (from van riders or those participating with the Grab and Go meals).

December/January Newsletter to go to the printer this Wednesday.

40 Grab and Go Meals scheduled for Wednesday, 12/22/2021. Menu: Chicken Parm; elbow pasta, broccoli, and a mini cannoli. January menu: General Tao's Chicken, fried rice, garlic green beans and a fortune cookie.

#### **Programs:**

##### **In-person:**

Mondays at 10:30am – Senior Stretch & Strength with Eunice James

Tuesdays at 9:30am – grocery shopping (van)

Wednesdays at 10am – Gentle Yoga with Chris Howe

1<sup>st</sup> and 3<sup>rd</sup> Mondays of each month – Bingo (3<sup>rd</sup> Monday = Birthday Bingo)

Paint Your Own holiday ceramic pieces (choice of Snowman or Santa).

Delvena Theatre – A Christmas Carol

Mass Audubon Joppa Flats: Winter Backyard Birds (several other programs to come in the following months; some at the COA and some on-site at Joppa Flats)

Christmas Cookie decorating.

Gingerbread House decorating.

Holiday Party at PITA Hall on 12/15.

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Drawing Class – learn the basics of drawing shapes, how to shade, making contour lines. No experience necessary.

No watercolor class in December; will resume monthly classes in January.

Thursday, 12/16 12-1pm – Constituent Services (Mary Ann from Senator Bruce Tarr's office and Megan from Representative Lenny Mira's office will be available to meet with seniors). Thursday Dec 16th 12 -1

Getting Started with Genealogy

Best of Times travel program to review upcoming trips.

Game night! Going to offer an occasional evening program to allow those seniors unavailable during the day to participate.

Virtual programs will continue.

Take home activity kits:

These kits continue to be a very popular option – both for those who participate in in-person programs as well as those who feel more comfortable remaining at home. We have several options again this month:

Stonewall Kitchen – cooking; warm beverages

Bird Watchers Supply & Gifts – bird feeders

Craft kits – wooden Nutcrackers

Outreach:

Please reach out to Janet Del Mare with any questions. She is available Monday through Thursday 9am-1pm.

The Chocolate Tour donations have been designated for assistance with prescription refills. We will be getting the word out that if there is a Newbury senior who needs some help paying for their prescriptions, we can assist.

Transportation:

NEET Program – rides are being scheduled weekly; call to get registration paperwork and we will work on booking a ride. NEET Program is always looking for more volunteer drivers. We can help connect you with NEET if you are interested in becoming a volunteer driver.

Chocolate Tour donations over the years have also been designated for assistance with transportation. We have been using some of these funds to provide taxi rides to seniors who we cannot get transportation through NEET rides or the van. This has been especially helpful to get seniors to medical appointments in Boston, however we have used this option for local rides as well.

Joyce set the date for the next meeting – 12/20/2021 at 900am.

Chuck moved to adjourn, seconded by Bill, approved by Chuck, Bill, Susan, Chris and Joyce